### Earn While You Learn

Our program helps you prepare for your role as a parent. At the same time, you earn "baby bucks" to spend on things you need from our Baby Buck Boutique.

In our Boutique you'll find:

- Baby clothes
- Blankets
- Diapers
- Hygiene items
- Toys
- Equipment
- Maternity clothes
- Baby supplies
- And much more!



Mondays — Thursdays 10:00 - 4:00



— because life is a series of choices —

You can find out more:

www.choicespregnancycenter.com

Text us: 507-589-4272

Call or fax us: 507-637-2534

Email: gwenn@choicespregnancycenter.com

Or stop by our office: 231 E. Second Street, Redwood Falls, MN (lower level off Bridge St. parking lot) Monday through Thursday - 10am to 4pm



## Choose to become a good parent



### **Choices Pregnancy Center**

# Choose ANY of these ways to earn Baby Bucks....

# •

... to spend on whatever you need from our store!

### Things you already do:

Many expectant parents prepare for pregnancy and parenting by doing things like going to prenatal check-ups or signing up for WIC.

If you already have children, your day may include well-baby exams,

ECFE classes, first aid classes, or similar things.

All of these things, in addition to our one-on-one sessions, will help you

earn Baby Bucks.



You're probably already doing things that will earn Baby Bucks!

### **At Choices Pregnancy Center:**

 Learn about pregnancy, childbirth, and parenting in individual sessions:

> Bonding with your unborn baby What's safe and what isn't? Amazing talents of a newborn Preparing for childbirth Breastfeeding your baby Learning to discipline with love Toilet training Age appropriate play Baby's sleep habits Establishing routines And more...

Improve Life Skills
Healthy relationships
Managing your money
And more...

Made possible by grant funding from the Minnesota Department of Health, through the Positive Alternatives Act.

### In the community:

- Well-baby exams/immunizations
- Prenatal medical visits
- WIC appointments
- Early Childhood Family Education
- Nurse Family Partnership
- Earning good grades/GED work
- Attending church or Bible study
- Parenting classes or mentoring
- Early Childhood classes
- And more...

